# **FAMILY HANDBOOK**

The Children's Center at Morrisville State College, Inc.

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#### INTRODUCTION

We welcome you and your child to The Children's Center at Morrisville State College, Inc. This handbook was designed to communicate the policies of The Center and help you feel more comfortable when your child is in our care.

All other fiscal and program policies, whether written or oral, are declared null and void, ceasing to have any effect whatsoever by the publication and dissemination of this Family Handbook. This current Family Handbook supersedes all prior Parent/Family Handbooks.

#### **MISSION**

The Children's Center, located on the Morrisville State College campus, is an Early Care and learning Program setting the example of quality in Madison County. Licensed and nationally accredited, the center offers programming that stimulates the minds of young children while building a foundation of learning through play.

#### VISION

The Children's Center strives to provide a learning environment that welcomes families and children into a safe, caring community that promotes a healthy lifestyle. Fostering an environment of respect and continuity, the program works closely with each child's family to provide individualized care. Collaborations and connections with community agencies expand the opportunities offered to families and children.

## **HISTORY OF THE CHILDREN'S CENTER**

In the fall of 1991 the president of Morrisville State College, Dr. Frederick Woodward, formed a committee to study the possibility of establishing a child care center at the college.

The committee later became the first Board of Directors of The Children's Center at SUNY Morrisville, Inc., under the leadership of Carol Woodward. Seven subcommittees worked for more than two years with the New York State Labor/Management Child Care Advisory Committee (Family Benefits Committee) to develop The Center. The groundbreaking ceremony was held on December 3, 1993 and the facility opened in August 1994.

The three-quarter million dollar facility was designed by Bell & Spina Architects. The project was funded by Morrisville State College, a Federal Block grant through the State University of New York, the State University Construction Fund, the Morrisville Auxiliary Corporation and the New York State Labor/Management Child Care Advisory Committee (Family Benefits Committee) through a cooperative joint labor/management effort among the Governor's Office of Employee Relations, the Civil Service Employees Association, the Public Employees Federation, Council 82 AFSCME, United University Professions, District Council 3 and Graduate Student Employee's Union.

The Center is located on the ground floor of Bailey Hall on Route 20 in Morrisville. It is licensed through the New York State Office of Children and Family Services to accommodate 62 children from six weeks through five years old. Dr. and Mrs. Woodward were key players in creating a safe, secure place for the children of Morrisville State College students, faculty, staff, and, as space allows, the surrounding communities.

The Board of Directors, along with the Morrisville-Eaton Central School, established school age programs before and after school, and during the summer at Edward R. Andrews Elementary School. The school age programs are available to the entire Morrisville community for children 5-12 years old.

Ongoing support comes from Morrisville State College, the New York State Family Benefits Program, and a Federal Block Grant through the State University of New York.

#### COMMUNICATION

Parents are expected to communicate, on a daily basis, any pertinent information about your child that may be helpful to us in providing the best possible care. Daily communication between parent and staff is vital to the success of your child's experience at The Children's Center. Communication is expected to be professional and courteous from both parents and staff. Any parental concerns about a classroom or staff member should be first discussed with the Lead Teacher/Head of group and then brought to the Director's attention. Parents are asked to turn off their cell phones during drop off and pick up.

A daily report is written and shared with families (either posted for families to read at pick up or sent home with younger children). Please use this as a springboard for interaction and conversations with your child about his/her day. Periodically, a newsletter will be sent home with each child to keep parents informed of upcoming events and plans. These newsletters, along with menus and other announcements, are posted on the bulletin board. Office of Children and Family Services regulations governing child care and The Children's Center's license are also displayed with a compliance letter listing any violations cited in the past two years.

#### CONFIDENTIALITY

The Children's Center believes in every family's right to confidentiality in regards to personal information and the development of children enrolled. Information collected at the time of enrollment will be kept in the office area secured with limited access to the administrative staff. Teachers will be given copies of forms that are necessary in providing care. All teachers, volunteers and observers are required to sign a confidentially statement and follow the policy noted in the Employee Handbook. Information will only be shared with outside agencies with parental/guardian permission. Parents requesting to see their child's file should submit a request in writing to the Director.

#### **WEBSITE**

The Center has a website and it can be found at www.morrisville.edu/childrens\_center. The site offers contact information, hours of operation, special announcements, the Family Handbook and Program Descriptions.

#### **CURRICULUM**

The Children's Center's curriculum is guided by Early Childhood research and best practice and framed by Program Descriptions (on pages 10-14). Teachers consider developmental stages, children's interests and individual needs when planning themes and activities. Many resources (i.e. Creative Curriculum, RIE Philosophy, Zero to Three; Caring for Infant and Toddlers in Groups) are used to ensure that the experiences and learning opportunities are developmentally appropriate and aligned with the assessment and progress of each child.

## **SCREENING AND ASSESSMENT**

Children enrolled in The Center are screened for any developmental delays within three month of their start date. Beyond the initial screening children are assessed twice a year. Checklists and development assessment tools (i.e. K.I.D.S Guidelines, Steps and Stages, Ages and Stages and Denver Rating Scale) are used to guide the formal assessment. Parents are offered a Parent-Teacher conference twice a year. During the conferences parents are presented with a portfolio containing supporting evidence of the child's growth and development and a written report.

Teachers with any developmental concerns regarding a child will notify the Director and parents. With parental consent, the family will be referred to Early Intervention or a comparable agency.

## PARENTAL INVOLVEMENT

Parental involvement is essential to the continuing success of the program. You are encouraged to share your time and talent, go on field trips and visit your child's classroom. The staff welcomes and invites your suggestions and participation in events and activities.

Apart from the classroom involvement, parents are asked to evaluate the program annually. The Center designates a time and place during the spring semester to provide parents with the opportunity to complete a Family Survey. Results are complied and assessed by the Program Committee of the Board of Directors. A report on the findings is issued to all families.

## **PHILOSOPHY**

The Center, strives to achieve a homelike environment, an environment that is characterized by pleasant conversation, spontaneous laughter, and exclamations of

excitement. Staff members assist children to be comfortable, relaxed, and involved in play or other activities.

Each staff member is responsible for interaction between children and staff that provides opportunities for children to develop an understanding of themselves and others. Interactions will be characterized by warmth, personal respect for individuality, positive support and responsiveness. All are responsible for facilitating interactions among children to provide opportunities for development of social skills and intellectual growth.

The developmentally appropriate discipline techniques employed provide children with opportunities to develop self control. The Center has developed, consistently implements and communicates positive discipline guidelines to all staff and parents. These guidelines and appropriate limits offer children protection, provide opportunities for problem solving, and foster growth of internal controls. Techniques include but are not limited to:

- Redirecting the child(ren) to an alternative activity.
- Anticipating potential problems to minimize conflict.
- Giving positive reinforcement and encouragement rather than competition, comparison, or criticism.
- Encouraging children to talk about their experiences, ideas, and feelings.
- Listening to each other with attention and respect.
- Fostering cooperation and other pro-social behaviors among children.
- Designing classroom environments to minimize the need for discipline. These environments allow children opportunities to work individually, together in small groups, or in a larger group.

## **ADMISSION PRIORITIES**

The Center's enrollment priorities are as follows:

- 1. Center Staff & Siblings
- 2. Students and faculty/staff of Morrisville State College
- 3. Other State employees
- 4. MAC Employees & Morrisville State College Alumni
- 5. Community Residents

Community residents seeking child care will be admitted to The Center on a space available basis. Full-time care needs take priority over part-time care needs.

## **APPLICATION PROCESS**

A one-page application form is available in the front office and can be mailed or emailed to families. The application is valid for one year from the date received. The application places children on The Center's waiting list but does not guarantee a space is available for your child. Once a space becomes available, families will be contacted and a registration appointment will be scheduled.

## **DEFINITION OF MORRISVILLE STATE COLLEGE STUDENT ELIGIBILITY**

A student is defined as a person who is matriculated or taking courses leading to matriculation at Morrisville State College.

## SUMMER AND INTERSESSION POLICY

(Morrisville State College Faculty/Students Only)

All children enrolled in The Center are expected to attend continuously through the year. Children of Morrisville State College Faculty/Staff and Students may be withdrawn for the summer months and winter break. However, in order to retain your child's place, a letter of intent stating a fall and spring return date must be submitted with the hold fee while the security deposit remains with The Center. You must notify the Director, in writing, by August 1<sup>st</sup> or January 1<sup>st</sup> if you do not plan to return to The Center. At this time, your security deposit will be returned. If your child does not return in the fall or spring, and you have failed to notify the Director by the deadline, your security deposit will be forfeited.

Community residents that withdraw their children for any period of time risk losing their child care slot. Slots will not be held during summer or winter semester breaks. Community families that foresee a lap in attendance or a schedule change are urged to see the director immediately.

#### FISCAL POLICIES

#### **Registration Fee**

There is an annual non-refundable registration fee of \$50 per child. This fee will serve as an agreement between the parents and The Center that an opening exists and that the parents wish to enroll their child in The Center or the School Age Program. This fee is due before the enrollment process starts. If your child transfers from The Center to the School Age Program, a second registration fee is waived. This fee is due before the enrollment process starts and every August following.

#### Security Deposit

A security deposit equal to two weeks' tuition is required when the child is enrolled. This reserves your child's space in the program.

#### **Tuition Payment**

Tuition must be paid in advance on a weekly basis, by check, cash or money order. Parents are responsible for regular tuition payments, regardless of the number of days attended due to illness, vacations, holidays, etc.

#### SUNY Scholarship

Tuition assistance is available for students who qualify financially. Assistance is based on the household gross income and family size. Please see the Director if you need an application. An official class schedule must be presented for care to be provided for class time. Funding is subject to change and is only available when money is allocated to The Children's Center. The scholarship will only cover four absences in a four-week billing period; parents will be billed for any additional absences.

#### Sibling Reduction

Parents who enroll more than one child will receive a 10% discount on the tuition rate for the oldest child residing in the same household. An effort will be made to give priority enrollment to siblings. This 10 % discount applies when all/both children are enrolled at the campus center. Families with children at both locations will receive the sibling discount available at the School Age Program. The sibling discount does not apply to families receiving subsidy funding to reduce their family share (i.e. SUNY Scholarship, DSS ...).

#### Late Payments

Weekly tuition is due on Thursday for the following week. Late fees will be calculated at the end of each month. There will be a finance charge of \$5.00 per week for each week that the account is behind. Copies of the account will be issued showing the late-fee charge. Child care services may be suspended until the balance is paid in full. Accounts that are not paid will be sent to a Collection Agency.

#### Late Pick-up

A late fee of \$1 per minute, according to The Center office clock, will be charged if your child is not picked up by 5:30 p.m. The late fee for children enrolled in the morning session is assessed at the same rate after 12:00 p.m. You will receive a copy of the late fee slip at the time you pick up your child. This late fee must be paid before your child can return to The Center.

#### **Returned Checks**

There is a \$30 fee for checks that are returned for insufficient funds. This will be in addition to the \$5 per week late payment fee. Thereafter, the Director will require payment of tuition by certified check, cash, or money order.

#### Full-time Attendance

Full-time attendance is considered to be use of both morning and afternoon sessions for five days a week. Fees are established for full days and full weeks using The Center's fee

schedule. Security deposits and tuition payments are required in advance for all in attendance. All scheduled days, regardless of illness or vacation, must be paid to maintain a child's place.

#### Part-time Attendance

A minimum of two days per week is required for part-time enrollment. Security deposits and tuition payments are required in advance for all in attendance. All scheduled days, regardless of illness or vacation, must be paid to maintain a child's place.

#### Morning Session

Care is available from 7:00 a.m. to 12:00 noon.

#### Afternoon Session

Care is available from 12:01 p.m. to 5:30 p.m. This session is only available for our preschool and school age programs.

#### Summer Hold Fee

Students and faculty who are not enrolled or scheduled to teach summer classes may choose to withdraw their child/ren during the summer break. A signed letter of intent and payment of the summer hold fee of \$200 (family maximum of \$300) will guarantee a slot for the following semester. The fee is non-refundable should you decide not to return yet with proper notice the two week security fee will be returned.

#### Winter Hold Fee

Students and faculty may choose to withdraw their child/ren during the winter break. A signed letter of intent and payment of the winter hold fee of \$100 (family maximum of \$150) will guarantee a slot for the following semester. The fee is non-refundable should you decide not to return yet with proper notice the two week security fee will be returned.

#### Fundraising

Each September, parents will be charged a \$50 fundraising fee. When a family participates in fundraising the fee is returned to the child account.

#### Department of Social Services Requirements

Parents receiving a child-care-subsidy grant through county funding will be responsible to pay the family share set by DSS. The agency will only cover four absences in a four week billing period. Children with an excessive number of absences for two consecutive months may be asked to withdraw from The Center.

#### **SCHEDULES**

Schedules for all children, full-time or part-time, need to be consistent from week to week (i.e., specific days and hours). This consistency is beneficial to your child and helps us schedule appropriate and cost-effective staffing. If a change in schedule is needed, two week notice in writing is expected to allow administration time to try to accommodate your revised

needs.

#### THE REGISTRATION PACKET

You are encouraged to visit The Center at any time. These visits provide an opportunity for increased communication between you, your family and the staff. Parent/Teacher conferences are offered to families twice a year. In addition, conferences can be requested at any time by a parent or guardian, teacher, or the Director.

Before your child starts in the program, a meeting is scheduled with the Director to review your child's registration packet for the following information:

#### Child Physical/Medical Form

All children entering The Center must furnish a written statement from the child's physician signed by a health care provider stating that the child is able to participate in child day care, currently appears to be free from contagious or communicable diseases and is receiving health care, including appropriate health examinations in accordance with the American Academy of Pediatrics schedule of such care and examinations. Your child cannot start without this medical documentation. In addition, copies of your child's annual physical and updated immunization record must be submitted following any well-child visit.

All medical records are kept in each child's folder in the administrative area. Files are locked and information cannot be given to anyone other than the parent/guardian who enrolled the child.

#### Written Medication Consent Form and Log of Administration

Children in need of medication during hours of care provided at The Children's Center will be required to have a written medication consent form. All medication administered will be documented on log of administration.

#### Individual Health Care Plan for a Child with Special Health Care Needs

Children with special needs are included in our programs. Children requiring a health plan will be cared for by classroom staff according to their individual plan.

## Authorization for Pick Up

This form gives us permission to release your child to the person or persons on this form. Parents/guardians need to list themselves. Emergency contacts must also be listed on this form. The Center will not release any child into the care of a person less than 16 years of age.

#### Emergency Card (Blue Card)

This card provides us with immediate access to emergency numbers. This form also acts as a medical release form for your child. A copy of this card is carried with your child's class at all times. Therefore, it must be kept up to date. New forms are available from the

Director or your child's teacher. In the event that you will be at a different number at any time, please be sure to give it to your child's teacher.

#### Child Information Sheet

This form provides The Center with some family information and allows our teaching staff a chance to get to know your family. Information about who is living in the home, pets, special words, family celebrations, and previous care arrangements are required on this form.

#### Developmental History

The information requested on this form gives us information to make your child comfortable in our program. Questions about physical development, social skills, feeding/eating schedules and emotional needs are asked on this form. Our staff is better able to meet your child's needs when you provide us with this information.

## Family Information Form

This form helps to identify any extenuating family circumstances. All legal decisions regarding custody issues and parental rights must be documented on this form. Copies of all relevant court documentation are required as well. This form also provides a place to list the address of a non-custodial parent so that information regarding The Center may be shared.

## Child and Adult Care Food Program (CACFP) Form

All families are required to fill out the CACFP form in the registration packet. Although you may not qualify for free or reduced meals, NYS Department of Health officials require that all families fill out *and sign* the application form. The Center receives a monthly reimbursement from the Department of Health on behalf of *all* families who have children who eat meals at The Center. Please be sure the form is filled out completely. This program helps to keep our food costs down. All information is kept confidential.

## Field Trip Permission Slip

The Center will schedule walking field trips in the immediate area. If the staff plans to go on a bus field trip, parents will receive a permission slip to sign indicating the date, time of departure and return as well as the destination. Parents are encouraged to participate in these opportunities.

#### Permission to Photograph

The Center includes the media in some of our activities. Therefore, we have included a permission slip allowing us to release your child's photograph to the media. With your permission, we will release your child's photo and first name only to the media.

If you do not wish to have your child's photograph used by the media, be sure to indicate so on this form.

#### **Emergency Transport Permission Form**

Parents are asked to provide The Center with emergency information including medical coverage. This form is helpful if a child should need to be transported during an emergency.

#### Medication Distribution Packet

The Children's Center at Morrisville State College, Inc. is registered to administer medication. A health plan has been submitted to the Office of Children and Family Services and meets all guidelines set by the regulations that govern early childhood programs. The Center has registered MAT (Medication Administration Trained) staff on site ready to administer medications to children with permission from their physician and parent/guardian. (See forms Appendix I.) Only trained staff will administer all prescription ointments and medications. Trained staff members will keep documentation and a distribution log for each medication. All staff members will be able to apply over-the-counter topical ointment, diaper ointments, and sunscreen. In the event that a MAT staff member is not available, medication cannot be given. (Appendix I)

Information regarding any individual child will remain strictly confidential. Only appropriate Children's Center staff and/or authorized state agencies will have access to this information. In the event that a parent would like information released to another party, The Center requires a written request from the parent for each instance.

(See Appendix A for Child's Checklist.)

## **PROGRAM DESCRIPTIONS**

A certified Early Childhood Education Specialist supervises, administers, and directs The Center. Under his/her leadership, the staff is trained to express warmth, understanding, and sensitivity to the needs of each child in the program. Children are grouped according to age and developmental maturity with an assortment of activities.

The curriculum provides opportunities for the development of social and emotional skills, gross and fine motor skills, and perceptual and cognitive readiness, with sound health and good nutritional practices. It is also implemented in a manner that reflects responsiveness to family's home values, beliefs, experiences, and language. Through teacher/child interaction, children learn language and problem-solving skills. Children are offered a program rich in assorted activities in order to give them the opportunity to make choices. Choices of activities alternate between quiet and active play, both indoors and outdoors.

#### **INFANT PROGRAM**

Our infant and waddler programs offer a nurturing, safe environment for children during their first two years of life. We strive to create a home-like environment. In this environment the child will be able to grow and develop by being provided with opportunities to learn, explore and experiment. Our program is based on individual needs of each infant or waddler, especially when it comes to their daily routines. Our staff is aware of the daily schedules and keeps up with the changes that occur each and every day. Children are introduced to activities that are age appropriate in order to stimulate the following four areas of development: social-emotional, language, motor, and cognitive skills. **Social-emotional development** is explored and expanded through group/peer and adult interactions. The staff shows understanding and respect to help the children develop a sense of respect of their own. Stranger anxiety is a sensitive stage. Our staff deals with this matter at each child's level. They are reassuring and supportive to both the children and the parents.

Mealtime is a wonderful time for social interaction. Our waddlers eat family style with their peers and teachers. Infants are held by their caregivers and given eye to eye contact and attention. Child-level table and chairs are used when appropriate. The children have the opportunity to watch their classroom environment while enjoying their meal.

Language development starts in these rooms with help and encouragement from the staff and other children. Most language begins with babbling and cooing, later forming vocabulary words. From birth on, it is important for adults to talk and listen to babies and children. Our teachers converse at the changing table, lunch table, on the floor playing, and during bottle feeding times. It is important for infants and waddlers to hear the voices of others as a model for future speaking. For older infants, repeating proper enunciation is vital so that they hear the words correctly to promote correct usage. Singing, talking, finger-plays, stories, and music are many types of verbal interactions between infants and teachers.

**Motor development** skills both large and fine are developed in these rooms. The children have large climbing blocks, access to the gym, and large carpeted areas. For many of the infants, rolling, crawling, walking, sitting, and running is large motor work. Waddlers are walking, running and presented with the opportunities to develop other large motor skills. Outdoor play time is available. Fine motor projects such as finger-painting, play-dough, and other sensory activities are planned on a daily basis. Younger infants are still working on the pincer grasp and holding objects. Self feeding is encouraged and is considered to be a fine motor exercise.

**Cognitive development** is an ongoing process in a child. For the first two years of life they learn a tremendous amount of information. Our infants learn so much through their senses and sensory activities that allow them to grow. All our activities are age appropriate. Many of our activities are targeted for a small group of children because of their age difference. Cause and effect activities such as musical instruments and pot and pan play are appropriate for older infants. Peek-a-boo, hide and seek, and pat-a-cake helps the infants to develop their first thought processes.

The last important part of our infant and waddler rooms is our parent involvement. Each morning the parents are greeted by the morning teacher. Infant parents fill out a portion of the daily report sheet to help communicate to the teachers how their child's night was and how they are doing now. Many times this includes the last feeding, how much the child ate, and what was eaten, sleeping patterns, and their social mood at the time of arrival. In return, the teacher fills out the rest of the daily reports to inform the parents about their child's day while in our care. Beyond the daily reports and conversations in both classrooms, some of our mothers come in throughout the day to breast feed or visit their child. We also have fathers and/or grandparents who come to visit. We encourage parents to visit any time.

## TODDLER PROGRAM

Our toddler room at The Center offers a wide range of age appropriate activities for children ages 24-36 months. Beyond activities, we offer a loving, nurturing atmosphere for the children when they are unable to be with their parents. Areas of development include social-emotional, motor, language, and cognitive skills. We allow our children to grow and learn in these areas through their play, activities, adult interaction, peer interaction, and books.

**Social-Emotional development** is often the focus of this room. Our toddler room setting allows a group of peers to interact through social play and activities. The teachers encourage group play by getting involved and modeling desired behavior. Meal time is a social part of their day. Children and teachers eat together in a family-style setting. Adults model eating behavior as well as encourage the children to try new foods. Small and large group play is offered, as well as free choice play. We promote self-help skills and independence by encouraging children to do things on their own or with as little help from adults as possible. Our sensory table and rug areas are great places for a few children to come together and play.

We offer several different opportunities for our toddlers to expand their *motor skills*. The Center has a large motor gym where the children can climb on equipment or run out their energy. We have a private outdoor playground with large play structures and bike paths. The children ride bikes, play ball, climb steps, and run. Fine motor skills are incorporated into our program through hands-on projects. Our toddlers get involved with easel painting, coloring, playing with play-dough (and other sensory activities), stringing beads (and many other manipulative toys), building with blocks, and puzzles.

**Language development** is an ongoing learning process. The staff give the children many chances to converse among themselves and with the adults. As role models, we model appropriate language and word order. Children in the program who are exposed to other verbal toddlers often develop stronger communication skills. Added activities, such as center wide sing-a-longs, story times (with open invitations to help read along from memory), and finger-plays, help promote language development.

Enhancing *cognitive development* comes on an individual basis. Each child's cognitive level varies and is met differently. Activities are introduced and carried out with teacher guidance. Subjects such as colors, numbers, letters and animals are introduced and incorporated into planning themes. Children are encouraged to ask questions. Teachers prompt responses and creative curriculum planning engage children in the excitement of learning.

## PRESCHOOL PROGRAM

The goals of the Preschool curriculum are to increase problem solving, thinking, reasoning, and creative skills. Children are given opportunities for physical, social, cognitive

and emotional growth and stimulation. They are encouraged to be explorers, creators, communicators, questioners, problem solvers, and thinkers through reasoning, interacting, and socializing.

Based on the idea that Preschoolers cannot be "taught" in the traditional sense of the word, they are stimulated, guided and encouraged in carefully planned activities that allow each to develop at their own pace. They are not asked to memorize information, but are presented with it in relevant contexts. Knowing that Preschoolers learn best in settings that allow them to be active participants, our teachers provide the props, experiences, and interactions that allow children to use all of their senses to interact with their environment. We believe children's learning can benefit from a planned curriculum of activities focused on a particular theme or concept. Therefore, our activities are planned around themes. These themes often emerge from the current interests of the children and allow for adaptations and modifications to ensure children's best experience. Community resources offer immediate access to real life experiences and include use of the public library, Crouse Community Nursing Home, post office, and local businesses.

The Preschool rooms are set up with learning centers. The centers and developmental goals for each area are listed below:

#### **Block Center**

The Block Area contains building materials such as wooden blocks and Legos. This area encourages creativity by allowing children to take apart, fill and empty, sort and stack, assemble, design, measure and build various structures. It also promotes language, math, fine motor and coordination skills.

## Sharing Center

This area provides opportunities for large group activities, such as sharing, talking about the calendar, discussing weather themes and listening to stories. Depending on the activity, it encourages musical expression, talking, listening, cognitive, motor, or other skills.

## Sensory Table

The Sensory Table has something different in it each week. Some examples are water, sand, bird seed, paper scraps, macaroni, snow, and tissue paper. It provides tactile-sensory stimulation, encourages the use of senses for exploration, develops problem-solving skills, and promotes verbal expression, socialization and emotional relaxation.

#### Fine Motor Center

Manipulatives such as pegs and pegboards, puzzles and pattern blocks are found here. It helps to develop eye-hand coordination, visual perception skills and to enhance problem solving, classification and discrimination skills.

## Creative Activities

Children are provided with a large variety of art supplies and opportunities to explore

various media in different ways. This encourages individual creativity and expression, enhances fine and visual perception skills, and allows children to develop a sense of personal accomplishment. The focus is on process art versus project art. Children are engaged in discussion about their creations with open-ended statements, such as "Tell me about your project."

## **Reading and Writing Centers**

These centers help the Preschool room focus on pre-reading and writing skills. A soft area with an assortment of books and tapes is always open to children. Books are located in all areas of the classroom to encourage children to read. The books follow the weekly theme. A large table with a selection of writing tools is available to the children. Stencils, wooden letters, letter blocks, journals and letter magnets are just a few of the tools available to children. Children are offered the opportunity to sign themselves in when they arrive, write notes to each other, and even author their own books any time they wish.

## Dramatic Play Center:

In this area children are encouraged to act out real-life scenarios. The area is equipped with kitchen furniture and accessories and dress up clothes. The space is set up to allow children to act out difference community agencies (i.e. post office, doctor's office, zoo, restaurant and fire station). Children have the opportunity to express themselves and interact with peers.

## SCHOOL AGE PROGRAM (SAP)

The SAP is located at the Edward R. Andrews Elementary School in Morrisville. It offers a quality and safe alternative for children of working families during the hours before school, after school, and during vacation periods. The SAP also runs on Superintendent's Conference days and teacher Conference days. Summer programs are offered.

Children ages 5-12 are exposed to a variety of activities. Some of our favorite activities include dramatics, creative activities, board games and sensory experiences. Room arrangement allows for small and/or large group play. Students may choose to lounge in our quiet area or get involved in play with others at one of the large tables or floor space. The SAP has access to the gymnasium, library, computer room, and playground. Outdoor play is a part of the daily routine, weather permitting. The curriculum is derived from the current interests of the children enrolled. Children are also offered the opportunity to do schoolwork with assistance from our staff.

The SAP allows children the chance to interact with their peers in an environment that fosters self-esteem and develops problem solving through conflict resolution with supervision and guidance from the staff. Socialization and independence are encouraged for all ages.

## Before School

The Before School Program offers care to children from 7:00 a.m.-the start of school. Children are offered a variety of activities and may participate in the breakfast program.

## After School

The After School Program offers care immediately upon dismissal until 5:30 p.m. The afternoon is filled with activity choices, outdoor play (weather permitting), gym time, computer time and much more. An afternoon snack is served.

#### Holiday/Vacation Program

The School Age Program offers care to children during school holidays (excluding New Year's Day, Memorial Day, Independence Day, Columbus Day, Thanksgiving and the day after and Christmas) and vacation periods (excluding the week between Christmas and New Year's). In addition the program extends care on half days and school delays.

#### Drop In Care

Drop in care is available when space is available. Annually parents can choose to register their child for the school year and take advantage of the programs on a needs basis only. Parents must call The Center the business day before to arrange care. Current rates apply.

## **OFFICE OF CHILDREN AND FAMILY SERVICES**

The Children's Center is licensed to provide child care at the campus and school age location through the Office of Children and Family Services (OCFS). OCFS requires all licensed child care centers to renew their license every two years, which includes an on-site visit and review of records. In addition to the renewal visits, programs are randomly visited throughout the year. State regulations and definitions can be found on their website by going to www.dfa.state.ny.us.

#### NATIONAL ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN

The National Association for the Education of Young Children (NAEYC) administers the nation's largest and most widely recognized accreditation system for child-care centers, preschools, kindergartens, and other early childhood education programs.

Since it was created in 1985, this voluntary accreditation system has helped thousands of programs improve and has helped millions of young children and their families benefit from high-quality early education. Today, NAEYC accreditation is the mark of quality for programs serving young children. More information can be found at <u>www.naeyc.org</u>.

#### **STAFF QUALIFICATIONS**

The Children's Center at Morrisville State College, Inc., employs professional caregivers who promote the physical, intellectual, social, cultural, and emotional well-being of each child. Staff members are qualified by training and experience to carry out their respective functions in the administration, operation and maintenance of The Center. The staff members are mature, in good physical and mental health, of good character, and possess suitable personal qualifications. Each staff member's background is reviewed and evaluated by The Director.

When The Center is in operation an adequate number of qualified staff must be on duty to ensure the health and safety of the children in care. The Center will provide adequate staff supervision which meets the requirements of the NYS Department of Child and Family Services.

The Center will provide adequate coverage for an absent staff member. Center staffing will be shifted to provide children with familiar adults for continuity of care.

## MANDATED REPORTERS OF CHILD ABUSE AND MALTREATMENT

All employees hired by The Children's Center are mandated reporters of child abuse and maltreatment. This is a regulation set forth by the Office of Children and Family Services. Employees are training on how to identify the signs of child abuse and maltreatment and reporting requirements.

Any employee that suspects that a child enrolled in The Center has been abused or maltreated must report it to the State Central Registry (SCR). If a teacher suspects that a fellow staff member, including the director, is involved in the suspicion it must be reported to the Registry and the Office of Children and Family Services. Any staff member involved in an active SCR report or investigation may not be left alone with children and may be suspended. All reports involving a staff member should be reported to the director immediately. A copy of the reporting form can be found in Appendix (P). The individual that suspect abuse or neglect is mandated to report it. There is no third party reporting. Reports are kept confidential.

## TRANSITION POLICY

Children moving from one age group to another because of age or developmental level are given a transition period. The period of time spans over two weeks and allows for flexibility. Parents are given a written schedule of the visits. Whenever possible, Assistant Teachers are moved up to the next classroom with groups of children transitioning. This provides continuity for parents and children.

## OUTDOOR PLAY

Unless it is raining, bitterly cold, or unreasonably hot, children will go outside on a daily basis. Sometimes just a walk around campus is taken for an outing. All children will be expected to take part in outdoor activities unless staff is otherwise instructed by a note from the child's physician.

If you question your child's health or ability to function with the rest of the group, it is recommended that your child remain at home until he/she is feeling better.

## DRESS CODE

Please dress children appropriately for current weather conditions. During the winter months boots, hats and mittens should be sent. Snow pants and extra clothes are also necessary. Safe and appropriate shoes such as sneakers or rubber-soled shoes are needed all year. No open-toed shoes (such as flip-flops or sandals) are allowed.

## **MORRISVILLE STATE COLLEGE STUDENTS**

From time to time MSC students are a part of The Center. Many degree programs request students observe children in a natural play setting.

The Transfer Ed program and The Center have agreed to allow students to complete their 10 and 30 hour internships in the classroom. Additional campus degree programs such as Nursing, Diet Tech, Sport's Nutrition and Fitness, and Journalism have used the classroom setting for observations.

As with all other employees, all students and interns are subject to a criminal and child abuse background check and must submit proof of a medical examination.

Any student who is provided with direct assess to the children enrolled are given strict instructions about the confidentiality policy and are under the direct supervision of a Center employee.

STAFF/CHILD RATIOS AND SUPERVISION Minimum Staff/Child Ratios Based on Group Size								
AGES		GRO	GROUP SIZE(*)					
	8	10	12	14	16	18	20	21
6wk - 18 mos	1:4	Х	Х	Х	Х	Х	Х	х
12mo-24 mo	1:4	Х	Х	Х	Х	Х	Х	х
24 mos - 36mo	1:5	1:5	1:4	Х	Х	Х	Х	х
3 years	1:7	1:7	1:7	1:7	1:6	1:6	Х	х
4 years	1:8	1:8	1:8	1:8	1:8	1:8	1:8	1:8

(\*) This term refers to the number of children cared for together as a unit. Group size is used to determine the minimum staff/child ratio based upon age of the children in the group. "X" means this group is not permitted.

Children must be within a teacher's range of vision at all times. (Teachers position themselves to see as many children as possible at one time.) Infants, Waddlers and Toddlers are supervised by sight and sound even when sleeping. Older children, who use the bathroom independently, may be supervised primarily by sound for brief periods of time.

#### FIELD TRIPS

The Children's Center encourages teachers to plan for classroom field trips. Trips are always reviewed by the director to ensure there is a safety plan in place and that ratios and supervision are adequate. Younger children may take short walks on campus or take a ride in the buggy. Older children may visit the post office, local bank, library or nursing home (other locations as requested). These trips are all within walking distance. The School Age Program may request off-site field trips that require transportation provided by the Morrisville Eaton Elementary School as approved by the director.

All trips must have an itinerary and have a learning objective that relates to the lesson plan. It can simply provide an opportunity for physical development but it can also provide a cognitive learning component. When groups are away from the facility they must be prepared to meet all licensing and accreditation standards. At least one person must be certified in First Aid and CPR. Places visited must be scanned for any safety hazard. The Center will make necessary changes to the space to ensure children's safety.

## **BUILDING SECURITY CODES**

Only those individuals who are authorized to be in The Center have access to the building. The front doors are locked. Access is gained through the use of a key pad security system.

All parents/guardians and persons authorized to pick up children from our program are issued a five-digit building security code. Photo identification and Director's approval are needed to obtain your security code.

Please be considerate of the safety of all children in The Center and refrain from sharing your security code with others. The security system is in place for the protection of all families using The Center. Sharing codes could result in an unauthorized person being present in The Center.

#### PARKING

There are four parking spaces behind Bailey Hall that are labeled "Child Care Center Only." These spaces are to be used during pick up and drop off times. The parking lot is very busy; please be cautious. Please display the parent parking card on your dashboard. Parents who use the parking for more than drop off or pick up may be issued a parking violation ticket and will be fined. Violators may be towed by University Police. (See Appendix B for a campus map.)

## **ARRIVAL INFORMATION**

The Center requires you to "sign in" your child at time of arrival. This is done daily in your child's classroom or wherever your child's class is located at the time you drop him /her off (i.e., on the playground, Little Gym, etc.) Children are not to be left in the hall or any unsupervised area.

## **DEPARTURE INFORMATION**

You will be required to "sign-out" your child at the end of each day. Let your child's teacher know if someone other than the parent will pick up your child. Children will only be released to those persons designated on the *Pick-up Authorization Form*, found in the registration packet. It is *vital* that the form is kept up to date. New forms are available at the front desk.

Staff members will ask for identification of people unfamiliar to them. Be sure to tell people you have authorized to pick up your child to bring photo identification with them at pick up time. We will ask for identification until we get to know them. Unfamiliar parents will

## SAYING GOOD-BYE -- THE FOUR B's

**1.** *Be aware* of your own feelings! Don't pass your anxieties on to your child.

**2. Be firm!** Say "Good-bye, I'm leaving now. I love you." Avoid saying, "Is it okay if I leave now?" (It's probably *not* okay, in your child's mind.) Do not try to sneak away when the child becomes involved in an activity; this can lead to a sense of distrust.

**3.** *Be specific!* Young children have a hazy sense of time. "I'll see you right after snack" is better than "I'll be back later."

**4.** *Be there!* Don't betray your child's trust. If you're going to be late, or if someone else will be picking up your child, be sure to let your child know in advance.

also be asked for ID. Please do not be offended by this policy. It is for your child's protection.

Children are not permitted to leave their age group without an adult. During your departure please be sure your child is well-supervised. To protect the health and safety of your child, please do not allow them to run down the hall to the office area, exit the building or enter the parking area without you. Only adults are permitted to open classroom and exit doors.

The Center closes at 5:30 p.m. on campus and at the School Age Program. Children must be picked up no later than the time stated. If a child remains beyond this time, the Center Director will be notified and staff will begin calling emergency contacts to pick up the

child.

IF YOU KNOW YOU ARE GOING TO BE LATE, please call The Center so that we can prepare your child for a change in his or her normal routine, as necessary.

A late charge of \$1 per minute, according to The Center office clock, will be assessed and must be paid before your child can return to The Center. You will receive a copy of the late fee slip at the time you pick up your child.

## **OBSERVATION CAMERAS**

Observation cameras are used by teachers, assistant directors and the director to view daily classroom interactions. The purpose of observation cameras is for discussion and reflection between teachers/administrators to enhance the quality of care.

Parents may request to view live observation. Internet viewing will not be an option. Under no circumstances shall the contents of any video media be exploited for the purposes of profit or commercial publication.

## **HOURS OF OPERATION**

Hours of operation are 7:00 a.m. to 5:30 p.m. for The Center and The School Age Program, Monday - Friday, or as dictated by enrollment needs. Clinical students will be offered earlier care as required by the Nursing Department of Morrisville State College.

The Center follows the Morrisville State College operational calendar of reduced hours during college breaks. During these times, The Center is open from 7:15 a.m. to 5 p.m. A calendar of dates is available in the front office.

#### **HOLIDAYS**

The Children's Center is closed on the following holidays:

New Year's Day Memorial Day Independence Day Columbus Day Thanksgiving Day Christmas Day

Payment is required for these days if it is a regularly scheduled day for your child. The Center is open on Labor Day as Morrisville State College classes are in session.

#### **ADDITIONAL CLOSINGS**

In addition to the above days, The Center will be closed the day after Thanksgiving and the week between Christmas and New Year's Day. No payment is expected for these additional closings.

The Center reserves the right to close the center on days when enrollment is expected to be extremely low (i.e. Martin Luther King, Jr. Day). An assessment of enrollment will be

done by the office manager to determine the need. The additional closings will not interfere with the Morrisville State College academic calendar and parents will not be billed for the day.

## In-service Training Days

There will be two days per year that The Center and School Age Program close for staff training and in-service workshops. Payment is required for these days. These days will be posted in advance. Every effort will be made to schedule these training days during low enrollment times at The Center.

## **EMERGENCY PROCEDURES AND CLOSINGS**

The Center will be closed at any time the *campus* is closed. The Center reserves the right to close due to inclement weather or other emergencies. The School Age Program will be closed on all Morrisville Eaton snow days. Parents will be expected to pay for up to two snow days or emergency closings. The Center *does not* follow public school closings for bad weather, except for the weeks during Morrisville State College winter break (dates TBA). Emergency closings will be announced on Channel WSTM-3 and WIXT-9, our web page, Morrisville State College Class Cancelation page and voicemail. Parents may also subscribe to text alerts through local media outlets.

If The Center chooses to close during the day for weather or an emergency, parents will be charged accordingly. When the decision is made before 12:00 p.m. and parents arrive in a timely fashion, parents will be expected to pay for a half day. Parents will be billed for a full day for any closings after 12:00 p.m. A delay may also occur if morning travel is banned or inclement weather interferes with travel.

An emergency plan exists for The Center and is kept with the first-aid supplies in the front office area. You may request a copy. In the event of an emergency, the plan will be implemented by the person designated in charge.

## FIRE SAFETY AND EVACUATIONS

The Center and School Age Program are required by the Office of Children and Family Services to conduct monthly fire drills. The drills must happen during various times of the day, days of week and evacuation routes. A Fire/Safety Inspection must be completed monthly by the Director or designee.

The Center and School Age Program must also practice a shelter-in-place drill twice a year. Both sites have a supply of food and water on site for an emergency overnight stay.

## **MEDICAL/HEALTH POLICIES**

The health care plan for The Children's Center at Morrisville State College has been developed according to OCFS regulations. The purpose of this plan is to protect the health of

the children and maintain the safety of the environment.

All current medical examination forms for staff and children are kept in a confidential file in The Center and are not disclosed to unauthorized persons. Written permission for any disclosure is required.

Parents must provide the required medical documentation found in the Registration Packet. These forms must be updated annually.

## The Center's specific health requirements are as follows:

1. Each child must have a medical examination by a physician, physician's assistant or nurse practitioner before attending and every year thereafter. Please see the office personnel for a medical form.

- 2. The medical exam assures the child:
  - a. Is free from communicable disease;

b. Has received age-appropriate immunizations for diphtheria, tetanus, pertussis, poliomyelitis, measles, rubella, mumps, and Hib. Medical contra-indication for any immunizations must be documented on the medical form;
c. Is receiving age-appropriate health and dental evaluations;

- d. Is able to participate in day care.
- 3. Confidential records of each child will include:
  - a. Immunization records.
  - b. Recommendations of a physician concerning any health issues.
  - c. Medical care received including when and for what.
  - d. Staff observations of child's physical and developmental status.

4. Each child must have dental and other health evaluations appropriate to their age and state of health.

5. A daily check of each child for any indication of illness, injury or abuse will be noted.

## **ILLNESS CRITERIA**

The criteria for keeping children home or for sending a child home from The Center are described below. *It should be understood that the illness criteria serve as guidelines*. The Center is registered with the OCFS as a program serving well children only. Deviation from these criteria, at the discretion of The Center Director, may occur, since each child's illness is dealt with on an individual basis. (See Appendix C for Illness Criteria List.) The book, <u>Healthy Young Children</u>, published by NAEYC and resources published by the American Academy of Pediatrics are used as guides in determining best practice.

#### Diarrhea

If a child has loose/watery stools not contained in the toilet or diaper and poor fluid intake during the course of the day, the child will be excluded from The Center. Children may return 24 hours after the last loose stool, or when bowel movements are normal and fluid intake is good.

#### Vomiting

If a child vomits (not to be confused with an infant's occasional spit-ups), he/she will be sent home and will not be permitted to return for 24 hours. A child who has vomited in the preceding 24 hours, is listless, or has a poor appetite should not be brought to The Center.

#### Fever

A child who has a fever over 99 degrees with an axillary reading and other symptoms of illness may be sent home. Any child with a fever of 100 degrees (axillary) will be sent home immediately. In the event that a fever is over 101 degrees and approaching 102, emergency medical assistance (911) may be called. A child who has a fever the night before attendance at The Center should be presumed ill. If the temperature has been lowered with the use of aspirin, acetaminophen or other fever reducers, the child is still considered to be sick and cannot attend.

#### Upper Respiratory Illness (URI)

Children who have congestion, large amounts of nasal discharge, sneezing, coughing, listlessness, or an inability to keep up with the day's activities should remain at home. Physician-documented allergic reactions and/or asthmatic-related conditions are excluded.

#### Undiagnosed Rash

Unless specifically diagnosed by the child's pediatrician as non-contagious, The Center will send home any child who develops a rash during the day.

Children may return to The Center after all signs of illness and infection have been absent for at least 24 hours. Children placed on antibiotic treatment for the first time may return to The Center *no sooner than 24 hours after* beginning treatment.

These policies are not meant to be an inconvenience to students or working parents. These policies are in place to keep the children and staff in our programs safe and healthy. The Center reserves the right to send a child home for any signs/symptoms of illness that could have a detrimental effect on other children or staff. The Center may ask for a doctor's note clearing a child to return to care following an illness.

It is highly recommend that all families have a pre-arranged plan for care should your child become ill and need to remain home.

#### SICK CHILDREN

Sick children may not attend The Center. The staff will keep parents informed of any signs of impending illness by using a Suspected Illness form. It is expected that parents will inform the teaching staff of any signs of illness seen at home or if the child has been exposed to a contagious condition. You are expected to call The Center, at (315) 684-6400, before 9:00 a.m. on days that your child will not be attending. (See Appendix D for a Suspected Illness Form.)

If your child becomes ill while at The Center you will be notified. Parents must provide up to date contact information for emergencies including an alternate contact person. When taking your child to the doctor, please inform the doctor that the child attends child care so that extra precautions may be used in determining when he/she may return.

Sick children and children with a temperature of 100 degrees (axillary) or more will not be accepted at The Center. However, your child may return to The Center when the fever has been gone for 24 hours *without* the use of fever reducing medication (i.e. Tylenol, Tempra, etc.).

The Center must be informed when your child has been exposed to a communicable disease. Illnesses within a classroom will be posted for parents on the classroom clipboard. Recommendations and symptoms will be available for parents.

Children who are not feeling well enough to participate in regularly planned activities should not be in care. Diet and activity level cannot be modified for children returning from illness without documentation from a physician.

#### **SLEEP POLICY**

The Children's Center supports the following information found in a policy statement issued by the Office of Children and Family Services, Title 18 of the New York State Code of Rules and Regulations (NYCRR) -416.7(i), 417.7 (i), 418-1.7 (i), 418-2.7 (i) mandate that infants be placed on their backs to sleep unless medical information is presented to the provider by the parent/guardian that shows that arrangement is inappropriate for that child.

This regulation is consistent with the American Academy of Pediatricians recommendation that placing infants in the supine (back) position to sleep presents the least risk of Sudden Infant Death Syndrome (SIDS). More information and handouts are included in each infant registration packet. The Children's Center is committed to this policy and fully supports its recommendation.

For older children, through age five, a quiet rest/sleep period will be offered each day. Older children who do not sleep will be offered a cot for a short rest period not to exceed 30 minutes. Children who do sleep will not be woken by teachers. We understand that sleep is important to a child's growth and development. At the end of rest time (see classroom daily schedule), teachers will return the classroom to regular activities and children will be encouraged to help put away their napping blanket and sheet. Questions or concerns can be discussed with individual classroom teachers.

## **MEDICATION POLICY**

Designated MAT (Medication Administration Trained) employees at The Center will administer medications, prescription or otherwise, under the following conditions:

1. Medicine must be labeled, in its original container, and kept out of the reach of children. Medicine needing refrigeration is stored in the kitchen refrigerator. Other medication is to be left with a designated MAT employee. In the absence of a MAT employee, medication is to be left with the Director or Office Manager.

# \*\*For the safety of all our children, NO MEDICATION is to be stored in your child's diaper bag, backpack, or classroom cubby. \*\*

2. A written medication consent form (Appendix I) signed by the child's physician stating the type of medicine and dosage to be administered to your child must be included.

3. Parents must fill in and initial the medication log in your child's classroom each day that the medicine is to be administered. All administrations of medication will be recorded on the daily medical log, with the time, child's name, amount of medication, and signature of the staff member administering medication.

4. Parents are expected to give staff specific, detailed, written instructions on the use of any medical equipment necessary to administer your child's medication.

The Center reserves the right to refuse to administer medication if at any time a written medication consent form expires or the dosages appears to be incorrect. If for any reason a MAT employee is not available, medication will not be administered.

## **SUNSCREEN AND INSECT REPELLENT**

Classrooms at The Center and School Age Program spend a lot of time outside. Sunscreen is used to protect children from sun exposure. All teachers are able to apply or assist your child in applying topical sunscreen with parental permission. Parents are asked to provide sunscreen labeled with the child's name and renew permission annually.

Topical insect repellent may be used during peak mosquito season or as needed. Only repellents containing DEET can be used on children over two months of age. Teachers will only be allowed to apply repellent once a day. Like sunscreen, parents must provide repellent labeled with the child's name and complete a parent permission slip.

## **MEDICAL EMERGENCIES**

Legal guardians will be provided with emergency cards, *Blue Cards*, and an Emergency Transportation Form at the time of registration. It is vital to keep these up to date. Extra *Blue Cards* are available at the front desk or by asking your child's teacher.

The following will take place depending upon the situation:

## *Life-threatening situation*:

The Director or person designated to be in charge will call an ambulance and contact parents or guardian. If a parent or guardian cannot be reached at the time of the emergency, the emergency contact person identified on the Emergency Card will be notified. Arrangements will be made to meet at Community Memorial Hospital in Hamilton. The child will be accompanied in the ambulance by a staff member who will take the child's folder containing the child's records and signed emergency blue card.

## Illness/injury requiring medical attention:

A staff member will call the child's parent or guardian to request that the child be picked up. If they are unable to be reached at the time of the situation, the emergency contact will be notified. The staff member will remain with the child until a parent, guardian or emergency contact person picks up the child.

An accident report is issued for all injuries received by your child while at The Center. This includes details surrounding the injury and how it was treated by staff. (See Appendix E for a sample Accident Report.)

#### HEALTH MANAGEMENT

Universal blood and body fluids precautions are observed as follows:

- I. Disposable gloves are immediately available and worn whenever there is a possibility for contact with blood and body fluid including, but not limited to:
  - A. Changing diapers.
  - B. Touching body fluids or blood.
  - C. Administering first aid for cuts or injuries when there is drainage of blood or body fluids.
  - D. Wiping surfaces stained with blood or body fluids.
  - E. Any situations where there is potential or actual contact with blood or body fluids (field trips, playground).

II. Disposable gloves are discarded after each use.

III. If blood or body fluid is touched accidentally, the exposed skin is thoroughly cleansed with soap and running water.

IV. Clothes contaminated with blood or body fluids are placed in a plastic bag and sent

home to be washed in a regular manner by the parents.

V. Surfaces that have been blood stained are wiped with a germicidal solution (bleach and water solution).

VI. In an emergency, a child's well being takes priority. A bleeding child is not denied care because gloves are not immediately available.

## **CLEANING AND DISINFECTING TOYS AND PLAY AREAS**

The Children's Center is provided with cleaning services by the Morrisville State College. Cleaning is done at night so as not to disturb the daily routine. Staffs in the individual rooms clean classroom toys. A disinfectant of bleach and water is used as a universal cleaner. Tables, chairs, play equipment, and shelves are sterilized daily and when soiled.

Chaining tables and potty chairs are cleaned after every use. Cots and cribs are cleaned weekly.

## HANDWASHING POLICY

Parents are encouraged to assist their child with hand washing at drop off and pick up. The hand washing policy is posted at every sink. It lists the instructions indicated below:

Use soap and running water. Rub your hands vigorously for 20 seconds. Wash all surfaces, including

- Backs of hands
- Wrists
- Between fingers
- Under fingernails

Rinse well. Dry hands with paper towel. Turn off the water using a paper towel, not your hands.

Throughout the day staff will assist children in handwashing. It is built into the curriculum and children are taught the proper steps of handwashing and when they need to wash their hands. For example, children must wash upon arrival, after using the toilet (or following a diaper change), after blowing their nose or coughing into their hands, before and after meals, after reentering the classroom and before and after using the sensory table. When children are too young to follow all the steps independently, a teacher will assist.

When hand washing at a sink with soap and water is not possible children under 24 months may use wet wipes. Children age 24 months and older may use alcohol-based sanitizers. Sanitizers must be 60-95% alcohol and manufacturer's instructions must be followed.

#### **AMINALS AND PETS**

Classroom pets (not to include reptiles and amphibians) or visiting animals must appear to be in good health and are required to be current with recommended immunizations. Visiting animals will only be permitted into the classroom when arranged by the teachers. Teachers will be sensitive to children's allergies while closely supervising visits by any animal.

#### **NUTRITION**

The Center participates in the Child and Adult Care Food Program (CACFP). Breakfast, lunch and an afternoon snack are served. All meals and snacks meet the guidelines of the NYS Department of Health & CACFP for portions and the type of food to be served. Foods that are considered a choking risk to children (i.e. popcorn, hot dogs, raw carrots, nuts, peanut butter, whole grapes, raw peas and large chunks of meat) are not served to children. Menus are posted on bulletin boards and copies will be available for home use if requested.

Meals are eaten family style in a relaxed atmosphere within each classroom. Teaching staff eat with the children and act as role models. Proper table manners are an integral part of our mealtime routine. No child shall be forced to eat or punished because of refusal to eat nor will food be withheld. Infants unable to sit and self-feed are assisted by teachers. Infants are held during bottle feedings and never put into their crib with a bottle. Toddlers are offered food and drinks at the table. Regular cups are used when a child is ready. When sippy cups are used, children are not allowed to walk or crawl about the room with them.

Infant parents may supply daily meals if preferred. The Center will provide jarred baby food, infant cereal and formula for all infants enrolled. Four weeks of infant menus are posted in the infant room. Our staff will work with infant families to help make a smooth transition to table foods. Specific written feeding instructions must be signed by all infant parents. When infants are still bottle fed, parents may provide formula (already mixed), breast milk or may choose to have their child's bottles provided by The Center (an iron fortified formula will be the choice offered).

Please do not send food, candy, or gum with your child. Arrangements for birthdays or special occasions will be done in each individual classroom. Parents and families are asked not to send in desserts for birthdays and holidays. Teachers will use classroom cooking experiences to celebrate special occasions. (See Appendix F for CACFP Application for Free or Reduced Price Meals).

#### WITHDRAWAL FROM PROGRAM

Withdrawal from The Center requires written notification no less than two weeks prior to the intended date of withdrawal. Failure to give this notice will result in the loss of the two week security deposit.

The Children's Center at Morrisville State College, Inc., reserves the right to require a child be withdrawn if the child's behavior is determined to be detrimental to the program, or if the health and safety of other children are jeopardized. Only after all appropriate referrals

have been made and appropriate communication channels with the family have been used will parents be asked to withdraw their child from the program.

## PARENT APPEAL PROCESS

If parents have a problem with a classroom or a classroom staff person, they should follow the appropriate procedure:

1. Set up a time to talk privately with the teacher of the classroom.

2. If the problem/concern is still not settled, talk to the Director.

3. If no satisfactory solution can be found, the matter in question should be directed, in writing, to the Chair of the Board of Directors.

4. The Chair will determine whether or not this is a matter to refer to the full Board of Directors. A written response will be made to the parent/s by the Chair of the Board of Directors.

5. If there is still no resolution, the parent/s may make an oral presentation to the full Board. At that time, written materials will also be considered. A final decision will be submitted in writing to the parent/s.

## **BEHAVIOR MANAGMENT**

The Children's Center at Morrisville State College operates on the premise that young children are never "bad". The types of inappropriate behavior most often seen in day care settings (including temper tantrums, refusal to cooperate, hitting other children, biting others and failure to follow directions) are usually the result of the child's level of development. A young child most often simply lacks the social-emotional, cognitive, and physical skills to comply with many adults requests. For these reasons, The Children's Center staff work closely with families to ensure a consistent path of positive redirection for inappropriate behavior.

## **ROLE OF PARENT IN THE DISCIPLINE PROCESS**

One of the many roles of The Children's Center staff is to work with parents to help children develop appropriate behaviors. Parents are invited and urged to discuss their concerns about their children's behavior with teachers. Together The Center Director, teachers and parents will develop pro-active behavior plans as a means of responding consistently to problem behaviors. In this way, children will always get the same message from the important adults in their lives (parents and teachers) about behaviors that are acceptable and those that are not.

## **INCLUSION OF CHILDREN WITH SPECIAL NEEDS**

The Children's Center at Morrisville State College, Inc., will provide child care services to all children without regard to race, color, national origin, sex, religion, or disability. Reasonable accommodations will be provided. Any child with special health care needs, including any allergies, must submit an individual health care plan.

When a parent with a child who has been identified as having special needs seeks child care services (whether or not the child has been evaluated by the Early Intervention Services Program) the following procedures will apply:

1. The Director will evaluate the individual needs of the child, with input from staff having direct contact with child. The Director will determine if the child is a direct threat to self, other children and/or staff of The Center.

2. If the child is not a direct threat, the child will be accepted, on a space available basis. If the child is a direct threat, but the threat can be eliminated through reasonable accommodation, the child will be accepted.

3. If steps necessary to meet the child's individual needs require special equipment or services, or architectural changes requiring substantial financial burden, the Finance Committee of the Board of Directors will determine the costs and make a recommendation to the full Board.

4. If changes are necessary to policies, practices, and/or procedures that fundamentally alter the nature of the program, these will be addressed by the Program Committee of the Board of Directors.

If a child who is already enrolled in the program is later suspected by the Director and staff to have special needs, the Director and staff will:

- 1. Evaluate their own techniques, skills, and interactions with the child.
- 2. Evaluate the environment to determine if it is hindering the development of the child or having a negative effect on the child's behavior.
- 3. Seek advice from colleagues, the Program Committee members, and outside resources, such as personnel from the Early Intervention Services Program, to determine if any changes can or should be made in the program or daily schedule.
- 4. Seek advice from the parents to determine if the parents are observing the same behaviors or have any concerns similar to staff concerns.
- 5. Work collaboratively with the parents to provide consistency between home and The Center.

Before the Board will make a final determination about exclusion, the family will have the option to discuss the matter either with the full Board or a representative from the Board. Upon completion of this process, the Board will make a final determination, within a reasonable time frame.

Each child's case will be evaluated on an individual basis.

## **DISRUPTIVE BEHAVIOR POLICY**

The staff of The Children's Center at Morrisville State College, Inc. are trained to deal with many aspects of child behavior. Almost all children go through periods of time when

behavior is disruptive. The staff expects this type of behavior and will deal with children in a positive, constructive manner. Parents are responsible for working in partnership and cooperation with staff in making every attempt to help children through these periods for a reasonable length of time.

Disruptive behavior incidents will be documented and families will be offered the opportunity to schedule a conference with the staff involved and/or the Director. Each situation will be reviewed to see if any contributing factors can be changed or eliminated to prevent recurrence in the future.

After three Incident Reports, suspension or termination may occur. Following suspension there is a probationary period. The Board, Director and Teacher will determine re-admittance to the program. (See Appendix G for a sample Incident Report).

The Center is unable, however, to care for those children whose needs cannot be met in the confines of our group care program. A child whose behavior continues to endanger children, either physically or psychologically, will not be permitted to remain in the program. (Refer to Appendix H for SAP Disruptive Behavior Policy).

## APPENDIX A

## **Child's Checklist**

# The following items must be provided by parents and labeled with your child's <u>FIRST AND</u> <u>LAST</u> name:

At least one complete change of clothing including:

\_\_\_\_Underwear

\_\_\_\_Socks

\_\_\_\_Shirt

\_\_\_\_Pants

\_\_\_\_Sweater

\_\_\_\_Shorts

\_\_\_\_Shoes

(Please plan on extra clothing during winter months and when your child is potty training.)

\_\_\_\_Toothbrush

\_\_\_\_Toothpaste

\_\_\_\_Hairbrush/Comb (personal option)

\_\_\_\_Photographs of all people authorized to pick up your child; be sure to include yourself. (Please label the back of photos with first & last names and the relationship to your child.)

- \_\_\_\_Blanket and/or
- \_\_\_\_Stuffed animal

\_\_\_\_Crib sized sheet for cot/crib during quiet/rest time. Other toys need to be left at home. A travel sized pillow is allowed for children two years of age and older.

## Additional Items

INFANTS:

Pacifier	Plastic bottles with prepare	red formula or breast milk,
Sippy cups	Diapers &Wipes	Sunscreen

## TODDLERS:

\_\_\_\_Diapers

\_\_Ointment

\_\_\_Wipes \_\_\_Water bottle

\_\_\_\_Sunscreen

## PRESCHOOL/PRE-K:

\_\_\_\_Diapering supplies, if needed \_\_\_\_Water bottle

\_\_\_\_Sunscreen

\_\_\_\_A school bag of some type is highly recommended to transport personal items

## APPENDIX C

## THE CHILDREN'S CENTER AT MORRISVILLE STATE COLLEGE, INC. ILLNESS CHART

ILLNESS	MAY RETURN
Bacterial (spinal)	When Health Department gives O.K.
Chicken Pox	When most recent lesion has healed over
Conjunctivitis	24 hours after start of treatment, if symptoms have stopped (significant drainage and excessive tearing).
Croup	After illness has subsided
Diarrhea-Gastro	24 hours after last loose stool Enteritis or 1 normal
Fever	24 hours after temp is normal, without fever reducer
Hepatitis A	At least 7 days after the onset of jaundice
Impetigo	24 hours after treatment has begun
Influenza	24 hours after symptoms have subsided
Lice	24 hours after treatment has begun
Measles	Sixth day after rash onset
Mumps	Tenth day after onset of symptoms
Pin Worms	After treatment is completed
Pneumonia or Epiglottis	Written note from physician. If due to Flu, Health Department must OK
Poison Ivy	After lesions ceases to ooze
Roseola	After illness has subsided
Scabies	After eggs and mites are destroyed
Strep Throat	24 hours after the start of antibiotics
Vomiting	24 hours after last incident

IN ALL CASES, THE CHILDREN'S CENTER AT MORRISVILLE STATE COLLEGE, INC. RESERVES THE RIGHT TO SEND A CHILD HOME WITH SUSPICIOUS OR PROLONGED SYMPTOMS. THIS POLICY WILL BE STRICTLY ENFORCED.

APPENDIX D

## **RECORD OF SUSPECTED ILLNESS**

CHILD'S NAME

#### DATE

**SYMPTOMS NOTICED** (Check all that apply)

Bleeding	Constipation	Sleepy
Flushed Skin	Headache	Glazed Eyes
Crusty Eyes	Head Lice	Runny Nose
Irritable	Listless	Fever (Show degree)
Unusual Rash	Stomach Ache	Severe Cough
Vomiting	Diarrhea	

Action taken: \_\_\_\_\_ Time Director notified: \_\_\_\_\_\_ Time Parent notified: \_\_\_\_\_\_ Time Child left center: \_\_\_\_\_ Child may return when: \_\_\_\_\_\_

Staff Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature:	Date:
APPENDIX E	
_	T OF INJURY
Child's NamePar	ent/Guardian
Child's Address	DOB
License #42194Time Parent	t/Guardian was notified:
Date and place where accident occurred	
Details of Injury (do not include the names of	f other children)
Injury (ies)	
Treatment administered	
Did child leave care for medical treatment (in	nclude details)
Name and address of M.D	
Group size and teachers supervising the grou	p
Person completing report and position	Date
Parent Signature	Date
Director was notified (time)	(date)
OCFS was notified (time)	(date)

APPENDIX G

## THE CHILDREN'S CENTER AT MORRISVILLE STATE COLLEGE, INC. INCIDENT REPORT

Child's Name:	
Date of Incident:	
Address:	
Time of Incident:	
Location of Incident:	
Activity Immediately Preceding Incident:	
Nature of Incident:	
Describe the nature of any injuries received as a re	sult of this incident:
What was employee doing when incident occurred	?
How was incident managed by staff?	
Person Completing Report	Witness
Staff Position	Parent Signature/Date

If you have any questions or would like to set up an appointment to speak with your child's

## APPENDIX H

## SCHOOL-AGE PROGRAM DISRUPTIVE BEHAVIOR POLICY

The staff of The Children's Center at Morrisville State College, Inc. is trained in dealing with many aspects of child behavior. Almost all children go through periods of time when behavior is disruptive. The staff expects this type of activity and will deal with children in a positive, constructive manner. Parents are responsible for working in partnership and cooperation with staff in making every attempt to help children through these periods for a reasonable length of time.

We believe in setting guidelines or limits for children to help them distinguish between appropriate and inappropriate behavior. Our staff uses methods of positive reinforcement and redirection. You will hear our teachers using phrases such as: "I like the way you are...", "You need to use your walking feet", "We need to use our inside voices", "We need to sit at the table", "You need to use your words (rather than hitting)", etc. We hope that through good parent/guardian communication in child care, you can be consistent by using similar disciplining techniques at home.

Disruptive behavior incidents will be documented and families will be offered the opportunity to schedule a conference with the staff involved and/or the Director. Each situation will be reviewed to see if any contributing factors can be changed or eliminated to prevent recurrence in the future.

The School Age Program is unable, however, to care for those children whose needs cannot be met in the confines of our group care program. A child, whose behavior continues to endanger children, either physically of psychologically, will not be permitted to remain in the program.

#### THE FOLLOWING BEHAVIORS ARE NOT ACCEPTABLE AT THE SCHOOL AGE PROGRAM:

- Physically leaving his/her group and the group's teachers (this includes running through the halls and/or outside the building).
- Foul or "inappropriate" language.
- Rough or abusive behaviors toward peers or teachers (fighting).
- Rough or abusive behavior toward materials, activities or school property.
- Throwing food or beverages.
- Disrespectful behavior (including arguing with teachers).

When these behaviors are present, the following will occur:

1. The child is given a verbal warning to stop the behavior and to regain control.

2. If the child is not able to comply, he/she will be asked to sit apart from the group at a quiet activity.

3. If the child refuses and/or physically leaves the teachers/area, a parent or designated adult will be called to pick the child up immediately.

If unacceptable behavior occurs, an Incident Report will be sent home. After three Incident Reports (or in extreme cases) the child may be dismissed from the program.